

The Bruyère Memory Program



Bruyère 

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Bruyère plays a critical role in our region's health care system, providing services across our hospital campuses, in Long Term Care (LTC), and supportive and independent living for seniors and vulnerable populations.

Individuals referred to Bruyère have often suffered a loss of independence and function, usually because of a significant medical event or illness. While acute care hospitals save lives, our post-acute care hospitals restore independence and function, providing patients with a bridge to return home.

As an academic healthcare organization, Bruyère's hospitals specialize in the delivery of rehabilitation, complex medical, palliative, and primary care.

More about Bruyère: www.bruyere.org



Bruyère Memory Program is Eastern Ontario's only dedicated medical clinic specializing in the assessment, diagnosis, and treatment of cognitive impairment, dementia, and Alzheimer's disease.

The Bruyère Memory Program provides:

- diagnosis
- treatment/management of dementia
- referral to community support services

Our health care team includes:

- nurses
- physicians
- neuropsychologists

Our Procedure

At your first visit, you will meet with a **nurse** who will:

- Ask you a number of questions to fully understand your symptoms and memory concerns
- Conduct brief screening tests to evaluate your current abilities
- The time needed for the nursing visit will range from 45 to 75 minutes.

Most often, the next visit is with a **physician** who will:

- Obtain a detailed medical history, review symptoms and their impact and conduct a focused medical examination
- Review the results of any of the tests done to date
- Discuss any further tests that may be required
- Discuss the potential diagnosis and treatment options
- The time needed for the physician visit will range from 90 to 120 minutes.

A referral may be made to other community services to provide you with ongoing assistance and support.

Many of our patients are also offered an assessment with the **neuropsychologist** for more detailed evaluation of memory and other thinking skills.

Attached is a **questionnaire** about your personal and medical history. Please complete it as soon as possible and return it in the envelope provided. If you cannot answer all the questions, you may ask for help from family members or your family physician.

Research

The Bruyère Memory Program is associated with various active research teams involved in clinical drug trials, new treatments and diagnostic tools. If you would like more information, please contact us at (613) 562-6328. Participation is strictly voluntary.

Your appointment is booked for:

DATE: _____

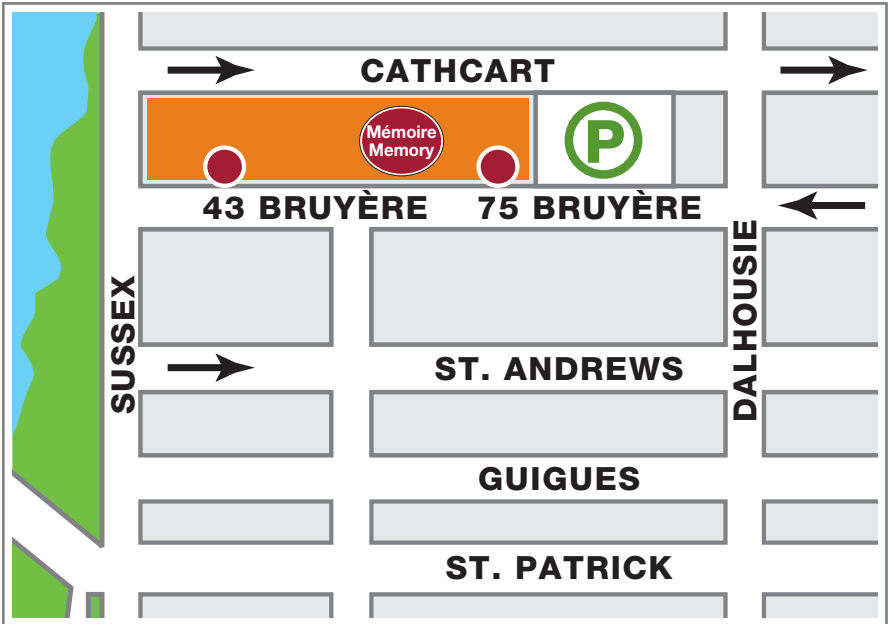
TIME: _____

75 Bruyère St, Suite 411Y

(entrance with red canopy near parking lot)

Please remember to:

- Bring your health card
- List of current medications
- Come accompanied by a family member or someone that knows you well.



Office Hours: 8 am to 4 pm

Tel: 613-562-6322 | Fax: 613-562-6013

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